

# Our Lady of Lourdes Catholic Kindergarten

Whole Day Class Menu

## Whole Day Class Menu in January 2026

Day	Tea Break (A.M)	Lunch	Soup	Fruits	Tea Break (Whole Day Class)
1/1 Thu					
2/1 Fri		<b>Christmas and New Year Holiday</b>			
5/1 Mon	Boiled Egg/ Fruit	Stir-fried Udon with Shredded Pork and Three Varieties of Julienne	Potato, Tomato and Pork Rib Soup	Fruit	Biscuit
6/1 Tue	Biscuit/ Fruit	Fillets of Fish in Sweetcorn Sauce with Red and White Rice	Carrot and Minced Meat Soup	Fruit	Corn Cup
7/1 Wed	Bread/ Fruit	Mushroom Chicken Rice	Seasonal Vegetable Sliced Pork Soup	Fruit	Fruit Cup
8/1 Thu	Corn Cup/ Fruit	Miso Tofu and Lean Pork Soup Udon		Fruit	Biscuit
9/1 Fri	Cereal With Low-Sugar Soy Milk	Tomato Minced Pork with Red and White Rice	Fuzzy Melon and Lean Pork Soup	Fruit	Boiled Egg
12/1 Mon	Boiled Egg/ Vegan Salad	Toufu and Minced Meat Rice	Vegetable and Pork Rib Soup	Fruit	Biscuit
13/1 Tue	Biscuit/ Fruit	Chicken Wings and Vegetable Rice	Tomato & Potato Lean Meat Soup	Fruit	Sweet Potato
14/1 Wed	Tomato & Egg Sandwich/ Fruit	Yangzhou Fried Rice	Corn and Minced Pork Soup	Fruit	Fruit
15/1 Thu	Sweet Potato/ Fruit	Rice Vermicelli Soup with Cabbage, Shiitake Mushrooms, and Shredded Pork		Fruit	Corn Cup
16/1 Fri	Tomato Twisty Pasta	Seasonal Vegetables and Chicken Strips with Red and white Rice	Apple and Lean Meat Soup	Fruit	Boiled Egg
19/1 Mon	Boiled Egg/ Fruit	Stir-fried Chicken with Onion and Green Beans	Tomato and Pork Rib Soup	Fruit	Banana Pancake
20/1 Tue	Biscuits/ Fruit	Rice with Mushroom and Lean Meat	Snow Fungus and Lean Pork Soup	Fruit	Corn Cup
21/1 Wed	Bread/ Fruit	Minced Meat and Scrambled Egg with Red and White Rice	Miso Tofu Soup	Fruit	Fruit
22/1 Thu	Corn Cup/ Fruit	Salmon Pasta in Tomato Sauce		Fruit	Biscuits
23/1 Fri	Cereal With Low-Sugar Soy Milk	Bean Sprout, Shredded Pork and Fried Rice Noodles	Seaweed and Lean Meat Soup	Fruit	Sweet Potato
26/1 Mon	Boiled Egg/ Vegan Salad	Braised Chicken Wings with Potatoes and Red and White Rice	Apple and Lean Meat Soup	Fruit	Biscuits
27/1 Tue	Biscuits/ Fruit	Mushroom and Lean Pork Pasta	Vegetable and Pork Rib Soup	Fruit	Corn Cup
28/1 Wed	Egg Sandwich/ Fruit	Steamed Shiitake Mushroom Pork Patty with Red and White Rice	Beetroot and Lean Meat Soup	Fruit	Fruits And Vegan Cup
29/1 Thu	Corn Cup/ Fruit	Seasonal Vegetables and Sliced Meat Soup Noodles		Fruit	Sweet Potato
30/1 Fri	Tomato Twisty Pasta	Shredded Chicken and Bean Sprout Fried Udon	Angled Luffa, Vermicelli, and Lean Pork Soup	Fruit	Boiled Egg

Remark: 29<sup>th</sup> Jan, 2026 Birthday Party: Healthy Hamburger, Pandan Cakes And Fruit.